1. I specifically tried to use the performances from the Ridgway Invitational since that is the course we will run on at districts. I put everyone’s seasonal best beside the Ridgway time, based on what was available on Penntrack (I have all our seasonal bests listed even though some were not represented on Penntrack because they occurred in a dual meet. Clearly some of the athletes from other teams might have run faster times during the season than what is listed here-I only had so much time to do the research for the entire district.
2. I listed the 7 runners from Punxsy, Bradford and Clearfield who I assume will run varsity. Saint Marys and Karns City do not appear to have seven runners from what I have seen, so I listed all their team members in the varsity race. Some of them could run in the varsity extra I suppose, but it’s unlikely.
3. Remember that this is not how I expect things to go necessarily-this race was three weeks ago and things change in a hurry in cross country. Some of you may have not run all that well in Ridgway, and I’m sure that would be the case for every team. I am simply trying to give you a chance to see what the other teams runners have done on the common course.
4. Based on what we see here, Bradford has a slight edge 30-40, with Clearfield coming in at 54 points. **I do not think that is going to be the outcome, but you do need to realize what we’re up against.**
5. Every runner on our team should expect to have his best race of the season on Saturday, as you will be more rested and focused than at any point in recent weeks. If everyone does that we will gladly accept whatever the outcome.

**Varsity District 9 AA Championship Formchart**

**Name Ridgway Inv. Time Seasonal Best School**

1. Logan Caruso 17:38 17:38 Bradford
2. Owen Bartlebaugh 17:44 17:32 Punxsy
3. Ethan Brentham 17:52 17:42 Punxsy
4. Vinnie Bizzarro 18:09 17:06 Bradford
5. Cade Hayden 18:10 17:26 Bradford
6. Jake Dinger 18:27 18:25 Punxsy
7. Jeremiah Vezza 18:31 18:03 Clearfield
8. Isaac Swanson 18:45 18:27 Clearfield
9. Andrew Craft 18:46 17:53 Bradford
10. Kyle Biancuzzo DNR 18:57 Clearfield (From Big Valley Inv 9/3)
11. Dan Fedak DNR 18:53 Bradford
12. Harry McMillan 19:00 18:40 Clearfield
13. Alex Eberhart 19:21 18:59 Punxsy
14. Cain Pfoutz 19:22 19:22 Saint Marys
15. Adam Cary 19:31 19:19 Bradford
16. Corbin Heitzenrater 19:33 19:23 Punxsy
17. David Allen 19:51 19:36 Bradford
18. Liam Storms 19:56 19:02 Punxsy
19. Justin Maines 19:56 19:05 Clearfield
20. Herschel Johnson DNR 19:58 Clearfield (MAC champs 10/20)
21. Mark Vallone 20:16 20:09 Saint Marys
22. Alex Coval 20:16 17:59 Clearfield
23. Greg Tettis 20:32 20:32 Saint Marys
24. Luke Kneidel 20:38 20:38 Saint Marys
25. Ethan May 21:17 18:54 Punxsy
26. Gunnar Yough DNR 21:26 Karns City
27. Abraham Allison DNR 21:54 Karns City
28. Blake Kelley DNR 21:46 Karns City
29. Aaron Piccolo 22:40 22:40 Saint Marys
30. Eli Evans DNR 22:21 Karns City
31. Tyler Henry 24:31 22:36 Saint Marys
32. Ian McElroy DNR 24:44 Karns City
33. Anthony Grazioli 25:09 23:29 Karns City

**Varsity Extra AA runners-remember that all “A” runners not running varsity will be in the varsity extra race as well**

**Name Ridgway Inv. Time Seasonal Best School**

1. Dominic Cary 19:55 19:30 Bradford
2. **E**van States DNR 19:56 Punxsy
3. Aaron Aycock 20:08 20:08 Clearfield
4. Quinton Edwards 20:13 20:13 Clearfield
5. Steve Knowlton 20:32 20:01 Bradford
6. Brandon Lacock 20:46 20:14 Clearfield
7. JT Swales 20:53 20:53 Clearfield
8. Kevin Ingros 20:53 19:50 Punxsy
9. Luke Mikesell 20:58 20:25 Clearfield
10. Julian Pearson 21:08 20:14 Bradford
11. Matthew Stafford 21:36 21:36 Bradford
12. Bront Strickland DNR 21:09 Clearfield
13. Jacob Good 22:02 21:52 Punxsy
14. Sam Rodgers 22:12 21:52 Punxsy
15. Robert Kear 22:34 22:34 Clearfield
16. Luke Poole 22:55 22:55 Punxsy
17. Ethan Hollamby DNR 24:01 Bradford
18. Copeland Whitfield DNR 30:16 Punxsy